



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

BRING A
FRIEND
FREE



RED, WHITE, BLUE AND

YOU 

THE YMCA IS BETTER TOGETHER.

In the month of July, **BRING A FRIEND** with you every time
you workout absolutely **FREE** – no strings attached.

Use our wellness center and join any of our free group exercise classes where space is available.
Valid for Adult, Family and Active/Older Adult/Couple Memberships only.

**YMCA of Greater
Bergen County**

360 Main Street
Hackensack, NJ 07601
P 201 487 6600
ymcagbc.org

HOW IT WORKS:

- Guest must be at least 25 years of age.
- Current Y member must accompany guest.
- 1 guest per Y member.
- Valid ID is required for guest.

Speak with a Member Service
Associate for more details.

**JULY
1-31**